



YOUNG SVP
Newsletter
East Region



Autumn/Winter
2019



welcome

Welcome to the eighth edition of the Young SVP East Region Newsletter. This publication is a space for young people who are engaging with the Young SVP Programme to share their work, receive recognition and see the projects their peers are undertaking around the region. These projects highlight the hard work and dedication of young people working towards social justice in Ireland. I hope you enjoy reading about the fantastic ideas that the young people in the East Region have come up with. Maybe they will inspire an idea for your group?

This newsletter is circulated to members and schools & centres in the East Region.

If you would like to find out more about the Young SVP Programme please don't hesitate to get in touch.

Clare Mander, Youth Development Officer- East Region

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YOUNG ACTIVISTS CREATING CHANGE

Siofra Dempsey
College Support Officer

I'm delighted to welcome you to the most recent edition of the Young SVP East Regional Newsletter. It has been a joy and a pleasure to me work with young people around the country through Young SVP over the last few years, including in the East. Seeing the activities young people are engaged in around Ireland has been incredible.

We often hear that young people are the future, but young people are the present too, and it is wonderful to see so many working in their communities for a better society. The future can certainly be a scary place, and young people today will likely grow up in a world very different to how we imagine it. But the future is ours for the making, and the first step to creating a future we want is to build it in the present.

We've seen a lot of incredible young activists making change recently, and that begins with individuals, in school, at home, in your communities. It doesn't happen overnight, and it doesn't rely on one person.

Frederic Ozanam, the founder of SVP, urged us to "do without hesitation whatever good lies at our hands," and it is great to see so many of you already doing good in your communities.

Looking forward to a new year, and a new decade, and seeing us all grow and change!

Reflection

Caring for Our Environment

Adapted from: International Youth Committee of the Society of St. Vincent de Paul

As Pope Francis said: "You, dear young people, are not the future but the now of God". As Vincentian youth, we are called to face oppression, to fight inequality, and not to abide by the rules of a society that prides itself on fame, wealth, and a hierarchical structure. These are not SVP's ideas and we are called to be different, we are called to give another flavour to this world, to be the salt and light of the world. It is important that we remember that we have a role to play in shaping the world to come. We often focus on issues such as homelessness, refugees, education, but one crucial issue for society is climate change and the attendant environmental degradation.



As guardians of the Earth, we have the duty to care for the world around us. The International Youth Committee of the Council General International of the Society of St. Vincent de Paul calls each of you to take effective and concrete action to challenge old habits and find ways to help the environment in our own communities, for we believe that if you do your part the whole world will be taken care of, for there are hundreds of thousands of us in every part of the planet.

Caring for the environment and seeking sustainable practices are new ways of practicing charity, because it focuses on the common good. We know that sustainability is the new currency of the global economy, because sustainable development aims to preserve the planet and meet human needs.

You can access the full document, including ideas for taking care of the environment here:
<https://www.ssvpglobal.org/wp-content/uploads/2019/06/ENG-4th-July-2019-the-International-Youth-Day-of-the-SSVP-Motivational-Support-Material.pdf>



Young SVP joins national campaign for International Day for Eradication of Poverty

Young SVP received funding from the Department of Employment Affairs and Social Protection to take part in the national campaign around the 17th October, which is the International Day for the Eradication of Poverty. This year's national campaign focused on creating a better future for children, young people and adults, particularly through supporting children's rights. Young SVP took part in the campaign by engaging third-level students nationwide in poverty education and awareness.

Over the week including the 17th October and the following week, Young SVP facilitated a Poverty and the Cost of Living workshop on eight different campuses nationwide, including in Dublin, Maynooth, Cork, Tralee, and Galway. The workshop explores students' perceptions of poverty, develops understanding of how poverty functions in Irish society and around the world, and why some people are more vulnerable to poverty than others. It includes interactive exercises and games to explore students' knowledge and create a dynamic learning environment. Many of the exercises in the workshop are developed from the experiences of SVP visitation volunteers and from our Social Justice research.

The second part of the campaign involves the Survive on Five challenge. Survive on Five is also developed from SVP research, which finds that for someone earning minimum wage, paying average rent, bills and other expenditure, €5 a day is all that remains for food costs. We encouraged students to take the challenge to 'Survive' on €5 for all their food and drink each day for five days. The exercise aims to bring to life the challenges of managing the cost of living in a very real and material way.

While many students (and their families) are living on increasingly tight budgets as the cost of third-level education and student accommodation increase, the campaign sought to situate students' experiences in the wider context of poverty in Ireland. Facilitating this workshop with third-level students has been an eye-opening experience, as students are increasingly facing their own financial struggles. While the 17th October has been and gone, the campaign to eradicate poverty continues. We have much work yet to do but judging by the students we met during this campaign, the young people of Ireland are more than a match for it.

would your school like to take part in the survive on 5 challenge? Get in touch to find out more



Kylemore College

We recently started a Conference in our school in early September. At the start, we had approximately five people, but now after our school knows that Young SVP is official, we have got a lot more people. Since then, we have carried out a social action. The Young SVP group along with 1st Years in our school have undertaken 'CouldYouSurviveOn5'. In doing so, these are some comments that we have got back:

"I never really knew how hard it was and I had temptation to stop but I kept going to support Young SVP".

"As a 4th Year student my day carries out with spending more than a €5 on e.g. food and drink for lunch or public transportation to sports or other events".

Before our Young SVP group had started "SurviveOn5", we gave out Sponsorship Cards along with information leaflets to describe what "SurviveOn5" was. After we completed this task, we got back many sponsorship cards and in doing so, we raised €137 in total.

Our next task will be to spread happiness around the Christmas period, meaning, we are going to host a non-uniform day in our school and collect €2 from each student in the morning time. With the money we collect, we hope to do a Shoebox Appeal for younger and older generations who may need that extra bit of support during the cold weather.

welcome to the new young
SVP conference in
Kylemore College



Caritas College



For their first action this year the Young SVP Conference in Caritas College organised a Food Appeal.

They have also put a lot of work in to raising awareness about Young SVP and the work of their Conference. They have created a Young SVP notice board in the school and spoke to the whole school about the work of SVP at their assembly.

Keep up the great work!



Craobh Choláiste Íosagáin

We were busy again in Coláiste Íosagáin this year. We decided that we would like to draw attention to the issue of fast fashion and we organised a sale of used clothes. The whole school were encouraged to bring in clothes in good condition that had been worn before. From Uggs to jackets, dresses to shorts, there was something for everyone, and any unsold clothes were brought to the local Vincent's shop. We raised over €200 and the money raised will help the UCD branch bring some senior citizens on holiday.



We organised our Crann Fial (Giving Tree) again this year. Students from 1st to 6th year were very generous in their gifts, and we have to admit, we all wanted to keep the gorgeous teddies that came in (though we did send them on!)



Our 5th Years really enjoyed the workshops with Clare Mander from the Vincent de Paul this year. We felt our eyes were really opened to the problems, and more importantly, their causes, that exist in Ireland today.



Spotlight on Social Justice

Marcella Stakem
Social Policy Development Officer

Education, Disadvantage, Poverty: SVP Highlighting the Links

SVP has long been of the view that education is the ultimate enabler out of poverty. The large attendance at the SVP Education Gathering held in SVP National Office is testament to that.

The lack of resources in our education system, and the root causes of educational disadvantage were highlighted on the day, because as we know, it does not begin in education policy alone. Poverty has been consistently linked with poor educational achievement and prospects. It restricts and limits educational participation.

School Costs

Members who support families with back to school costs report 'voluntary' contributions can be significant ranging from €50 up to €200 per academic year. All in attendance agreed that this issue needs to be addressed by the Department of Education and Skills. In SVP's Pre Budget Submission, 'Investing in a Just Society', we advocate that the capitation grant levels be restored to 2010 levels in Budget 2020.

Each year parents spend on average between €75 and €125 per child for primary school children and between €250 and €350 for secondary school children. In some cases, the costs can be substantially higher. SVP social justice have advocated that all children and young people attending non-fee paying schools should have access to free school books.

The use of digital devices in schools have increased in recent years. SVP members are aware of some schools who require a child to buy their own device at a cost of approximately

€700.00. The Department of Education and Skills published the Digital Strategy for Schools in 2017, however, there is no consideration in the plan for the fact that digital school books are liable to 23% VAT in comparison to VAT exemption on printed school books.

"One parent family, 4 children. Child starting first year. I-pad €700 and registration fee €250. Voluntary fees for two other children at €180.00 each". (SVP Member)

These costs contribute to financial stress and worry in low income households and can cause a negative and stressed attitude towards education.

Third Level & Further Education

The rise in accommodation costs and the cuts and changes to the student grant have made third level more unattainable for low-income groups. Where someone lives can determine the extent and quality of access and supports available to students. The current qualifying criteria for the non-adjacent grant rates was changed in Budget 2011 from 24km to 45km. This puts many students at a disadvantage financially, especially those from outside major urban areas.

Accessibility and affordability need to be to the forefront of policy making if we are to ensure our education system is serving the needs of vulnerable and marginalised groups.

Lifelong Learning

Education and the holding of educational qualifications is now the currency for employment and it is the lack of such qualifications that are major contributors to poverty and social exclusion. Aontas (2013) has found that success in Further Education and Training courses for people who are considered 'distant' from the labour market, such as those who are long term unemployed, requires initial positive learning experiences which often stem from low pressure non-accredited courses, allowing the acquisition of soft skills and building confidence. Members regularly report that accessing these types of courses are a barrier for the people that would really benefit from attending.

The Education Gathering highlighted some of the shortcomings in our education system. It also gave an opportunity for SVP members to discuss where improvements could be made to ensure the system is accessible, fair and a path out of poverty. SVP will continue to advocate on these issues to ensure those that wish to avail of our education system are supported to do so.



Young SVP at 3rd Level

Síofra Dempsey
College Support Officer



The first term of 2019/20 has been a great success for the Young SVP college conferences. There are ten college SVP conferences nationwide, including five in the east - TCD, UCD, TUD, DCU and Maynooth University.

Each of the college conferences have different interests and tend to focus on different areas. Like the rest of Young SVP, college conferences are student-led, and as each new group of students bring their own interests and skills each year, this provides opportunities to develop new activities. Some conferences focus on working with vulnerable groups in the surrounding area, and others work within their own colleges to promote student wellbeing and tackle student poverty. The students at UCD are interested in homelessness, and so have been busy with Street Outreach this year, as well as working on youth activities. TCD are very engaged with youth activities, working with five primary schools in the local area, as well as running youth clubs and teen activities. They have also chosen Child Poverty as their social justice theme of the year, which ties in well with their other work. Over in TU Dublin (formerly DIT) the students are working on student wellbeing and engaging in activities with older people in their communities. Maynooth University have been busy with Christmas Appeal events and fundraisers and have been coordinating with media students running a project on music literacy with children in their area.

This term also saw Young SVP running a campaign around the UN Day of Eradication of Poverty, which is October 17th, which was funded by the Department of Social Protection. Over the week of the 17th October and the week after, we ran workshops with each of the college conferences nationwide on Poverty and the Cost of Living. The workshop draws on SVP Social Justice research and aims to increase awareness amongst students of the causes and effects of poverty, as well as ways they can take action to tackle the issue. We also encouraged students to take part in the Survive on Five challenge, in which they commit to a daily food budget of €5, which is all that is allowed for in the budget of an average single person earning minimum wage in Dublin after rent, bills, transport and other costs. The students in each college ran an awareness campaign in their colleges over the course of the week to complement the workshop and the Survive on Five challenge.

In November, we held our annual Intervarsity Weekend in the Ozanam Holiday Centre in Mornington, Co. Meath. The Intervarsity weekend brings together students from each of the college conferences for social justice and development workshops, fun social activities, and provides opportunities for students to meet each other and plan collaborative events and campaigns for the year. This year we had students from almost all of the college conferences, and it was wonderful to see them working together over the weekend. We look forward to their collaboration on campaigns and projects over the rest of the year!



On a Journey with Young SVP

1. Why did you decide to join SVP?

I decided to join SVP because I was becoming increasingly aware of the extent of poverty in my area and wanted to help in some way. A Young SVP group was started in my school while I was in transition year and I jumped at the chance to get involved.

2. Can you describe your role within SVP?

I am the president of the UCD SVP Conference, which means that as well as volunteering I work with a committee of students to organise trainings, volunteering activities, social events and fundraisers to engage the UCD community.

3. What does being part of SVP mean to you?

Being a part of SVP is a huge opportunity to affect change in a practical, pragmatic way. SVP has given me and a lot of people like me huge opportunities to carry out volunteering and attempt to inform social change. It has also allowed communities of people to develop and connect through the work that we do, which I think is one of the reasons that myself and everyone in UCD SVP takes so much pride in SVP and what it has allowed us to carry out.

Interview with Chris Glynn Young SVP Conference President in UCD

4. What motivates you to volunteer?

The daunting statistics and increasing levels of poverty are certainly a nudge out the door, but the people that you meet in volunteering and the connections you have with fellow volunteers is something that certainly gets people to show up every week, and definitely what I find to be most rewarding.

5. What else would you like to say to the young people of the East Region?

Stay informed, keep doing what you are doing and take pride in it!



Young SVP Events

Young SVP SchoolGet Together Kildare & Wicklow



On the 2nd October 2019 over 60 students and their teachers from Kildare and Wicklow gathered in Maynooth University for a Young SVP Get Together. The theme was 'Taking the Road Together' inspired by the words of Blessed Frederic Ozanam who said "We took the road together, we will finish it together". The day was an opportunity for students to learn more about Young SVP and to plan how they might like to get involved.

The day began with an opening reflection on the role of young people as creators of change. Becca Gallagher, SVP National Youth Development Coordinator then led everyone in a 'get to know you' activity. The young people heard from Marcella Stakem, Social Justice and Policy Development Officer about why SVP works for Social Justice. Students from Cross and Passion College in Kilcullen and St Mary's College Arklow spoke about why they chose to be part of Young SVP.

The students then spent some time reflecting on the social justice issues they felt strongly about and how they could work together to address these. They chose to look at: hidden poverty, greater awareness of educational options, sustainable fashion, inclusion & diversity and social isolation. We look forward to supporting them to develop these actions.

There was lots of fun had throughout the day with activities, prizes and the ever popular badge making machine! We ask the students who attended for their feedback on the event. They said that they now had a greater understanding of social justice and inequality and how they could take action.

A big thank you to the students and teachers of: Cross and Passion College, St Mary's College Arklow, West Wicklow Youthreach, Pipers Hill College and Maynooth Post Primary.



Young SVP hold One World Week event in North County Dublin

Young SVP have marked One World Week by holding a Sustainable Fashion event in Balbriggan Co. Dublin. Secondary school students from North Dublin gathered in Sunshine House on the 19th November to learn about Sustainable Fashion, the work of the Vincent's charity shops and how they can get involved through Young SVP.

The students learned some striking facts about the environmental and human impact of the fashion industry. Did you know that it takes 200 gallons of water to make one pair of jeans? That is the equivalent of 285 showers. They also heard about how the Vincent's shops promote sustainability and how they as young people can get involved in this too. They were interested to learn that 95% of discarded clothing can be recycled or upcycled.

The National Youth Council of Ireland (NYCI) awarded Young SVP a grant to assist them with their activities as part of NYCI One World Week 2019.

Leo Gilmartin, of the NYCI Development Education Programme said:

“The Climate Revolution has reached the shores of Ireland. Young people across the planet have become instrumental and a leading voice in taking action against the climate emergency. Young people want change and want a say on about how we treat our environment to protect the future of the planet and ultimately the human race itself. Young SVP's activity was chosen from among a large volume of high quality applications from all over Ireland. We look forward to seeing the group take action during One World Week this year. Their work at a local level will play a vital role in supporting Ireland to create a better world for current and future generations and in setting Ireland on a path to Climate action and in Ireland achieving the SDGs”.

One World Week is a week of youth-led awareness raising, education and action that takes place throughout Ireland every year. In 2019 One World Week ran from December 1st to 8th, with a focus on climate action and invites youth groups and young people to think about the issue of Climate Action and young people – on a personal, local, national, and global level.

Now that the students have learned about Sustainable Fashion with Young SVP they are returning to school to plan their own Sustainable Fashion Project. We look forward to seeing what they decide on.

Thank you to Loreto Balbriggan, Loreto Swords, Ardgillan Community College, St Mary's Glasnevin Holy Faith Clontarf and Skerries Community College for attending, Sunshine House for hosting and the Retail Team for their support.





Young SVP hold One World Week event in North County Dublin

What could your school do to promote awareness of sustainable fashion?



Mount Anville



December was a very busy month for the committee. To start the month off, one of our TY classes went into St. Stephen's Green to go Christmas carolling in an effort to raise money and awareness for the Society of St. Vincent de Paul. This day was very successful with over €500 being raised for SVP.



Our committee and a few volunteers also participated in the annual letter drop in our locality. This involved us going door to door delivering SVP's Christmas Envelopes.

Our biggest event in December was our annual Christmas Hamper Appeal. This is a whole school initiative as every class group was assigned various food items to bring in. As well as this, students also donated money which went towards purchasing food for the hampers.



On the last week before Christmas holidays, TYs as a year group assembled the hampers. First of all, we counted how much food we had collected. We then divided the food equally and put them into hampers so that each one was identical. Our original goal was 125 hampers. We met and surpassed this goal, with our final count totalling 140 hampers. These were collected on our last day of school and transported to St. Vincent de Paul's main headquarters where they were then distributed to families over the Christmas holidays.



On behalf of the SVP committee and Transition Year we would like to thank everyone for their generosity throughout these initiatives.



Loreto College Swords



Halloween First Year Day: In October we held a day full of fun for the first years in our school. All members of the committee baked to provide for the bake sale. The first years really enjoyed the day and loved the Halloween themed games!

Open Evening: In January of this year our school held an open evening for all the incoming first years of September 2020. We were lucky to be offered to showcase everything our committee does around the year and hopefully recruit new members. There was great enthusiasm around the work that our SVP Committee does, from both parents and incoming first years.

Senior Citizens Evening: In November our committee held one of its most successful events- our senior citizens evening. 12 senior citizens from our local area came into our school to hear many of our talented students perform. The SVP committee provided the senior citizens with refreshments and gave each of them a gift bag as they left. Both our students and the senior citizens really enjoyed the evening.

Christmas Food Appeal: In the first 2 weeks of December we encouraged all students to bring in food items that would help benefit families in our local community and we then donated all of this food to these families in need.

Pobalscoil Neasáin



Pobalscoil Neasáin
Young SVP Conference 2019/2020

In Pobalscoil Neasáin we have a big Young SVP Conference. We meet every Thursday at lunch times to discuss ways we could help the community and raise money for the cause.

Our most recent fundraising event was held on 3rd December 2019. We decided to host a movie evening at our school, where we showed a Christmas movie to some students. We went around to classes, promoting the movie night and selling tickets, and put up posters around the school advertising the event and reminding students to purchase tickets and support the cause. The Conference spent many weeks organizing all the different elements of the night so that everyone supporting us would be as satisfied as possible. We made over 60 goodie bags to give out to students who purchased tickets in advance, and we designed and printed tickets, of which around 45 were sold in advance of the evening and many more were sold at the door.

On the night of the event, the Conference arrived at the school 2 hours earlier than it was scheduled to begin. We set up a shop full of snacks and drinks for students to purchase, and we put out comfortable seating and a till area for people purchasing tickets at the door. As people started to arrive, we sold them tickets and gave them goodie bags and then showed them each to their seats. Once everybody had arrived and settled down, one of our members gave a short speech about the work that SVP do and we showed a clip from the SVP website. A donations bucket was placed at the front of the canteen that people could place donations in before, after or during the film.

About halfway through the film, we had a short intermission in which audience members could purchase snacks and drinks from our shop, where there was another donations bucket where people could leave their change. Another short video from the SVP website was played during this intermission. We collected quite a few donations during this break.

After the film ended, we sold the remainder of the drinks and snacks in the shop at a slightly reduced price, which raised a significant amount of extra money. The Conference stayed at the school for an hour after the event ended so we could aid in the cleaning process and return the canteen to its regular state.

Overall, the night was a success as we managed to raise over €280 in aid of SVP and had lots of fun doing it.

Since the night, we have spent our meetings discussing and brainstorming further fundraising ideas and events that we could participate in. We are thinking of volunteering in our local SVP charity shop and visiting a local nursing home.



Social Media Round up



Find out about the work of other young SVP groups by following us on Instagram, Facebook and Twitter!



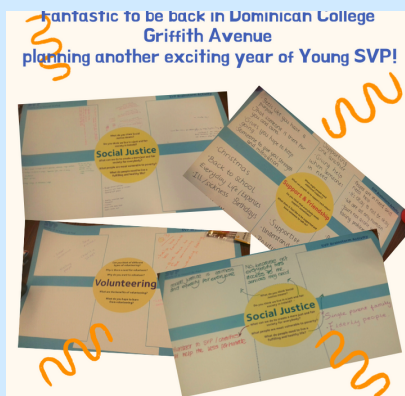
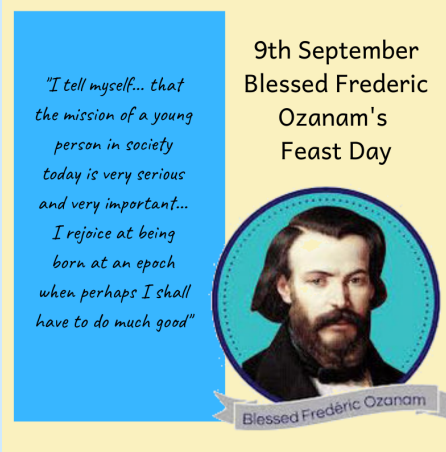
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@young_SVP



young SVP



Social Media Round up

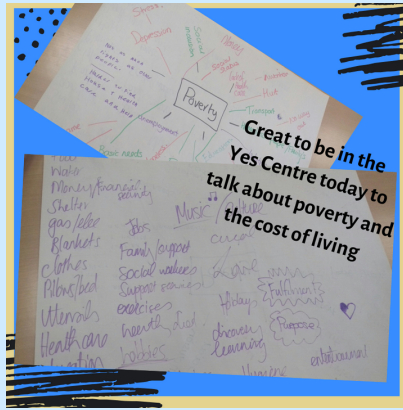
Young SVP Conference
Loreto College Swords



2019/2020

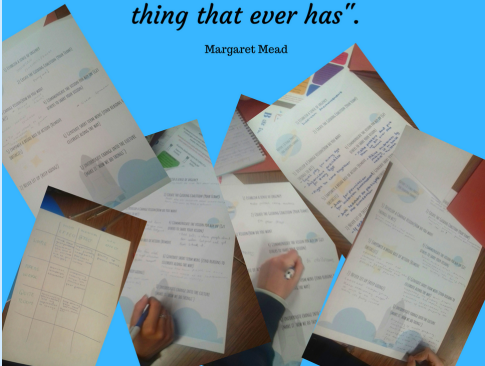


Priry Youthreach
Christmas Food Appeal for SVP!



"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has".

Margaret Mead



Pobalscoil Neasáin
Young SVP Conference 2019/2020



TAKING PART IN YOUNG SVP 2019/2020



SAVE THE DATE!
EAST REGION YOUTH DAY
30.04.20

Getting Started

Get in touch with your Youth Development Officer. You will then be invited to attend a Young SVP Get Together or a guest speaker talk will be arranged for your school. This will help you learn more about SVP and the opportunities for young people to get involved. Schools taking part in the programme will then be asked to register with Young SVP.

Learning about Social Justice

At this stage you might decide to set up your Young SVP Conference/ group/ class project. Then your Youth Development Officer (YDO) will visit your group to facilitate a series of workshops looking at social justice: Poverty & the Cost of Living, Power & Society, Human Rights, Equality, Campaigning, Social Justice & Social Action. We will also have two new workshops available from September 2019: Energy Poverty & Climate Justice and Sustainable Fashion!

THE AIM OF YOUNG SVP IS TO PROVIDE OPPORTUNITIES FOR YOUNG PEOPLE TO ENGAGE IN SOCIAL ACTION IN THEIR OWN COMMUNITIES, ENCOURAGING PERSONAL AND SOCIAL DEVELOPMENT

What is a Young SVP Conference?

A 'Conference' is the SVP term for a committee of volunteers that meet regularly and plan projects to give back to their communities. The members elect their own President and other officers and are supported by a Youth Conference Coordinator (for example a teacher or chaplain in your school) and your YDO.

Young SVP Conferences should meet regularly at a set time. Meetings are an opportunity for members to reflect together, to share their experiences and to plan actions.

Your YDO will visit some of your Conference meetings throughout the year to support you in setting up & running your Conference, explore social justice issues, plan social actions and reflect.

Taking Action

As a Conference, class or group you will now be ready to take action. There are four types of project you can choose from: Befriending projects (for example visiting older people in Day Care Centres, hosting coffee mornings in your school, buddy programmes with 1st year students). Education projects (for example homework clubs, paired reading with your local primary school, helping older people with computer skills). Direct Aid projects (for example, fundraising events, food appeals, clothes drives) and Social Justice Research & Action (researching and creating awareness about a social justice issue). Every project should link to the three pillars of the SVP Mission Statement: Support & Friendship, Promoting Self Sufficiency and Working for Social Justice. You will receive support and guidance from your YDO throughout the project(s).

Youth Day

At the end of the year representatives from your school will be invited to attend the Young SVP Regional Youth Day. This is an opportunity for you to meet other young volunteers, to share your ideas, hear about what other schools have undertaken, to listen to speakers and take part in workshops and activities.

Your YDO will also visit your group to support you to review and reflect on your volunteering experience.

REMEMBER TO TALK TO YOUR SVP YDO AND YOUR TEACHER BEFORE BEGINNING
ANY PROJECTS



Thank you to the schools and centres who have registered with Young SVP in the East Region this year.

If you would like to register your group please contact Clare at claremander.east@svp.ie

If your school or group is taking part in Young SVP please contact us for information on how to register!

If your school or group would like to take part in the programme please get in touch! We would love to hear from you!

- Pobalscoil Neasáin
- Loreto High School Beaufort
- Caritas College
- Dominican College Giffith Avenue
- Kylemore College
- Pipers Hill College
- Coláiste Cois Life
- Coláiste Mhuire
- Cross and Passion College
- Coláiste Íosagáin
- Ardgillan Community College
- Loreto Balbriggan
- Priory Youthreach
- Mount Anville Secondary School
- West Wicklow Youthreach
- St Joseph's Fairview
- Loreto College Swords
- Holy Faith Secondary School
- Maynooth Post Primary
- St Mary's College Arklow
- Skerries Community College
- St Mary's Glasnevin

SVP wants to support, acknowledge and record all the great work that young people are doing with or for SVP. We also want to ensure that all young volunteers are provided with the best possible opportunities to develop within their own experiences. In order to support us to do this please complete our registration form and keep in regular contact with the Youth Development Team.

A big thank you to everyone who has contributed to this publication. If you would like an article included in the next newsletter, please send in descriptions of your projects & activities and photos (with parent/guardian consent).

If you would like more information, resources or to take part in the programme please contact:

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